

Service Area 3 Birth to 5 Collaborative

In collaboration with

East San Gabriel Valley Child Abuse Prevention Council

Present the following **FREE** training:

"Working with Families: Getting Calm & Promoting Development"

On Thursday, April 9, 2015, 9:30am to 12:30pm.

Registration/Check-in to begin at 9:00am

Location: Pacific Clinics Training Institute, 2471 E. Walnut St., Pasadena CA 91107

<u>Training Objectives: (Based on the Neurorelational Framework (NRF) proposed by Connie Lillas & Janice Turnbull)</u>

- 1. To identify stress responses and stress recovery using physiological markers in infants and children in their cultural context.
- 2. To identify the four toxic stress patterns and related developmental consequences.
- 3. To identify the social emotional milestones and how to assess dyads.

Presenter:

Jessica Richards, MS, MSW, LCSW has over ten years working with children experiencing acute symptoms in a hospital inpatient psychiatric setting, community-based mental health agency and in private practice. She specializes in providing therapeutic services to young children and families. She has a strong background in Child Development, community mental health and child welfare. She is the infant and family mental health specialist on the Fostering Family Partnerships court team pilot in South Central Los Angeles. Jessica is an endorsed Infant-Family and Early Childhood Mental Health Specialist. Jessica has been trained in Child-Parent Psychotherapy, a relationship and play-based therapy with a strong evidence-based foundation for the treatment of trauma and family stressors. Additionally, Jessica uses the Neurorelational Framework (Lillas & Turnbull 2009) for an integrated, neurobiologically informed approach. She has supervised clinical therapists and provides training on a wide variety of topics related to development, infant mental health and trauma.

*Attendance certificate provided for participants NOT obtaining continuing education units with complete registration.

** Continuing Education units approved for Psychologists, LCSWs, LMFTs, Nurses and Substance Abuse Counselors with completed and confirmed registration only

Registration open till capacity reached!

Service Area 3 Birth to 5 Collaborative Registration Form

Training: Working with Families: Getting Calm and Promoting Development

DATE	<u>TIME</u>	LOCATION	<u>PARKING</u>
Thursday April 9, 2015	9:30 AM –12:30pm	Pacific Clinics Training Institute 2471 E. Walnut St. Pasadena, CA 91107	Free Parking on site

Participant's Name:	
Title:	
Discipline:	
County ID# :	
Do you want CEs/CEUs? (if available)	☐ Yes ☐ No If yes, License No.:
Address:	
City/Zip:	
Phone #:	
Email Address:	

Registration & Confirmation via email ONLY

Confirmation of your participation in this training will be sent to you about one week prior to training

*For Department of Mental Health Employees Only:

DMH Supervisor's Name:		
DMH Supervisor's Phone#:	Email Address:	

Please ensure that if you are approved to attend this training that you make a commitment to participate. If you are unable to attend, please notify us so that we may open the training to others.

Please return the completed electronic form to Sharon Tan at:

shtan@dmh.lacounty.gov

INCOMPLETE registration forms will not be accepted.











Service Area 3 Birth to Five Collaborative Calendar for 2015

Revised Feb 12, 2015

April 9: "Working with Families: Getting Calm and Promoting Development"

By Jessica Richards, MS, MSW, LCSW

Location: Pacific Clinics Training Institute

2471 E. Walnut Street, Pasadena, CA 91107

Time: 9:30am -12:30pm (Registration at 9:00am)



June 11: "Understanding Trauma and the Brain through the

Lens of the Neurosequential Model of Therapeutics (NMT)"

By Zohreh Zarnegar, Ph.D.

Location: TBD

Time: 9:30am -12:30pm (Registration at 9:00am)

August 13: Building Community Meeting

Location: Asian Pacific Family Center

9353 E. Valley Blvd, Rosemead, CA 91770

Time: 10-11:30am

October 8: Training

Location: TBD

Time: 9:30am -12:30pm (Registration at 9:00am)



December 10: Building Community Meeting

Location: Prototypes (Pomona Site)

Time: 10-11:30am

**For Trainings, 3.0 hours of CEs and CEUs pending for LMFT,LCSW,Psychologists, Nurses, Substance Abuse Counselors









